

The Workshop Teachers Location Accommodation Registration Contact

6th INTERNATIONAL HARP WORKSHOP



Master class:
Elizabeth **VOLPÉ BLIGH**

Jazz and improvisation course:
Brenda **DOR-GROOT**
Sabine **MEIJERS**

Special guests:
Luisa **PRANDINA** Feldenkrais Method:
Margherita **BASSANI** Daria **MICHELETTI**

Teacher in residence:
Laura Sofia **CARAMELLINO**

JULY 5TH-15TH, 2012



SANTUARIO DI CREA - ITALY



THE WORKSHOP

The International Harp Workshop provides an opportunity for international harp students of all levels to increase their awareness of the musical world through harp playing.

The program is open also to music amateurs/listeners who want to explore and deepen their knowledge of music. During the Workshop each student will be entitled to:



- four individual lessons including a master class
- a five collective lessons course on jazz and improvisation
- two seminars on harp practice, posture and harp composition
- a lesson upon request with special guests Luisa Prandina and Margherita Bassani (limited availability)
- two lessons of Feldenkrais Method
- the possibility to perform in the final students recital
- Laura Sofia Caramellino will be available within the lessons to help students realize small compositions to be performed in the final recital.

**The language spoken will be mainly English,
with possible translation into Italian and French.**

JAZZ AND IMPROVISATION

A five lessons course for Concert and Lever harps



Brenda Dor-Groot and Sabine Meijers both received their Bachelor degrees in classical harp at the Rotterdam Conservatory. This institute, now Codarts, is where they got back in touch at a jazz harp course taught by Park Stickney and others, which was instigated following Sabine's thesis about the subject. They appeared to share an interest in jazz harp, a drive to learn, teach and innovate, and organizational qualities.

This soon led to the birth of the International Jazz Harp Foundation (IJHF) in 2007. Education is one of its main activities. In the basic workshops that Sabine and Brenda teach themselves, they inspire students and teachers, amateurs and professionals, to play freely and creatively. In a safe environment, participants are learning the very basics of jazz, blues and improvisation, and getting tips & tricks and coaching for solos, accompaniment, and band playing in general. The workshops are often topped off with a fun-filled performance, partly by participants, partly by Brenda and Sabine on electric harps.

THE FELDENKRAIS METHOD

“
When you know what
you are doing, then you
can do what you want.
”

— Moshe Feldenkrais

The *Feldenkrais Method* is for anyone who wants to reconnect with their natural abilities to move, think and feel.

Because the *Feldenkrais Method* focuses on the relationship between movement and thought, increased mental awareness and creativity accompany physical improvements.

This mental awareness is extremely important for performing artists and musicians.

We improve our well being when we learn to fully use ourselves. Our intelligence depends upon the opportunity we take to experience and learn on our own. This self learning leads to full, dynamic living.

Ordinarily, we learn just enough to function. For example, we learn to use our hands well enough to eat, our legs well enough to walk. Our abilities to function with a greater range of ease and skill, however, remain to be developed.

The *Feldenkrais Method* teaches—through movement—how we can improve our capabilities to function in our daily lives.

Laura Sofia CAMELLINO

teacher in residence



Harpist and composer Laura Sofia Caramellino founded the International Harp Workshop in summer 2007: since then she has been its principal teacher and artistic director. Her teaching aims to develop each student's personal style and skills with special focus on sound quality, sound production and a natural approach to the instrument.

Ms Caramellino performed with orchestras such as the Philadelphia Orchestra, the Orchestra del Teatro alla Scala in Milan, the RAI – Italian National Symphony in Turin, the Philharmonische Orchester der StadtFreiburg i.Br–Germany, the Orchestra of Teatro Bellini in Catania

- Italy, the Haydn Orchester in Bolzano – Italy and the Orchestra Milano Classica under the baton of such renowned conductors as Riccardo Chailly, Riccardo Muti, André Previn, Stanislaw Schrowaczewski, Yuri Temirkanov, and Wolfgang Sawallish who wrote about her performance: "she has a perfect technique, big sonority and first of all a wonderful feeling for rhythm and music".

Ms. Caramellino performed recitals for solo harp and different chamber music ensembles in Italy, France, Germany and the USA. She composes music for her instrument characterized by a strong melodic sense and intense expressiveness.

Born in 1971, Ms Caramellino received her Musical Diploma from the Conservatorio "Giuseppe Verdi" in Milan. She subsequently pursued studies at the Musichochschule in Stuttgart, Germany and attended several master classes with world leading harpists, such as Pierre Jamet, Elisabeth Fontan Binoche, and Catherine Michel. Ms. Caramellino holds a Bachelor's Degree in harp from the Curtis Institute of Music, where she studied with Marilyn Costello, and a graduate degree in music teaching from the Universities of Cremona and Pavia, Italy.

Elizabeth VOLPÉ BLIGH



Elizabeth Volpé Bligh became the Principal Harpist of the Grammy-winning Vancouver Symphony in 1982 after six seasons as the Principal Harpist of the National Ballet of Canada Orchestra. Her career includes concerti, chamber music, soundtracks and recordings such as The Greater Vancouver Album. Her performance of Michael Conway Baker's Harp Concerto with the VSO was recorded by CBC and can be listened to on the Canadian Music Centre's web site. She has taught harp at UBC, TWU, VSO School of Music, Vancouver Academy of Music, Vancouver Youth Symphony Orchestra, Island Mountain Arts Festival, and Pacific Harp Institute.

Her articles have been published in the Teachers' Forum of the American Harp Journal, New Zealand Harp Association newsletter, Dutch National Harp Journal and on various internet sites. She has given master classes in Canada, the U.S., New Zealand and China. She has been a performer and presenter at American Harp Society Conferences and Festival of the Sound. Six pieces from her Solos for Lever or Pedal Harp are in the Royal Conservatory of Music Harp Syllabus. She has judged competitions such as the Kiwanis Festival and the OSM Standard Life Competition.

She is President of the BC Chapter of the American Harp Society and was the Chair of the Host Committee for the 11th World Harp Congress in 2011.

Brenda DOR-GROOT



Brenda Dor-Groot studied at the Codarts Academy of Music in Rotterdam (the Netherlands) with Teresia Rieu and Godelieve Schrama, and at the Cologne Conservatory (Germany) with Helga Storck.

She played with the European Union Youth Orchestra and the Schleswig-Holstein Festival Orchestra.

Occasionally she still performs classical music, but since

2005 Brenda is actively involved in the world of jazz harp, both in spreading the gospel through the Jazz Harp Foundation and in playing.

Brenda is regularly performing solo and in various interesting collaborations. With DJ, she improvises on tracks ranging from lounge to jazz and electronic dance music. While often originating from impressionistic, heavily romantic or waltz-like classical or folk themes, her improvisations with violinist Sietse van Gorkom usually end up rather funky. Brenda is currently specializing in blues playing and had a very successful performance at the 2011 World Harp Congress in Vancouver.

She recently started Brenda's Real Blues Harp Band, with solid body electric harp, guitar, bass, and drums.

Sabine MEIJERS



Sabine Meijers studied with Edward Witsenburg at The Royal Academy of Music in The Hague (the Netherlands), and Godelieve Schrama and Saskia Kingma at the Codarts Academy of Music in Rotterdam. She took jazz classes with, among others, Park Stickney, Deborah Henson-Conant and Johan Clement.

Sabine performs a wide variety of musical styles including classical, tango and jazz.

She played with several orchestras and choirs, and she regularly plays with smaller ensembles, of which the Alba Ensemble is the newest project. This ensemble juggles and plays with the musical boundaries of the classical instrument the harp, the Hindi tabla and the jazz idiom of saxophone, guitar, bass, and drums.

Sabine is an experienced harp teacher, with large harp classes at two Dutch music schools. Several of her students are in specialized talent classes. All of them get to play in ensembles and improvise.

Sabine graduated from the Management of Art & Culture certificate program at the Erasmus University in 2009.

Luisa PRANDINA



Luisa Prandina studied at the Milan Civic School of Music and graduated at only sixteen years of age with maximum honours.

She won her first national music competition, the "Bellini" competition for young instrumentalists held in Como, at ten years of age. In the following years she won several other national and international competitions.

From 1986 onwards she was the first harp of the European Community Youth Orchestra, the Frankfurt Radio Orchestra and the Chamber Orchestra of Europe.

At 23 years of age she became Principal Harp of Milan "La Scala" Opera House winning the international competition for this engagement.

She is frequently involved in chamber music groups, with other prestigious musicians such as Yuri Bashmet and Dora Schwarzberg and she has also been a soloist with famous Orchestras such as the La Scala Philharmonic, The "Solisti Veneti", the Moscow Virtuosi and the Mahler Chamber Orchestra.

Her solo performances have taken her to many important venues, such as La Scala Theatre, Milan, The Sala Verdi, Milan, the Berlin Philharmonic and the Kurhaus at Wiesbaden.

She recorded the Mozart Concerto K299 with the "Orchestra Filarmonica della Scala" conducted by Riccardo Muti with E.M.I. records, Amadeus Magazine, S.D.R. and Hanssler Classic.

Margherita BASSANI



Margherita Bassani graduated cum laude at the Conservatorio "F. Venezzè" of Rovigo (Italy). She subsequently pursued studies at the Conservatoire National Supérieur de Musique of Lyon (France) with Fabrice Pierre and at the Conservatorio "G. Verdi" of Milan.

In 2008 Ms. Bassani was appointed Principal Harp of the RAI – Italian National Symphony in Turin winning the international competition for this engagement.

Since 1992 she has been collaborating as principal and second harp with the Orchestra del Teatro alla Scala, the Filarmonica della Scala and the Cameristi della Scala in Milan, under the baton of many renowned conductors. Ms. Bassani played with other prestigious orchestras such as the Opera de Lyon, the Orchestra of the Teatro Carlo Felice in Genoa, the Solisti Veneti of Padua, the Orchestras "G. Verdi" and Pomeriggi Musicali of Milan, the Teatro of the Arena in Verona, the Orchestra della Radio della Svizzera Italiana and of the Theatre of Bologna.

Ms. Bassani performs intensively as a soloist, in duo with the flute and with various chamber music ensembles.

Daria MICHELETTI



Daria Micheletti is a Practitioner Feldenkrais® graduated, after four years of training for Feldenkrais® Method Teachers in Florence (Italy), under the guidance of Ruty Alon, a direct pupil of Moshe Feldenkrais. In 1995 Ms Micheletti graduated in double bass at the Conservatorio G. Verdi of Milan (Italy). She has been playing with distinguished orchestras such as the Orchestra Sinfonica of Milan Giuseppe Verdi, the Orchestra and the Filarmonica of La Scala Theatre. Since September 2004 she is a member of the Orchestra I Pomeriggi Musicali of Milan.

As a performer and as a teachers Ms Micheletti deepened the knowledge of the relationship between senses and artistic expressivity for a functional approach to music and music making.

In 2003 and 2006 Ms Micheletti taught the Feldenkrais® Method at Conservatorio G. Verdi of Milan and she regularly teaches specific classes and seminars for musicians.

In pursuing her interest for the integration of "body" and "sound", from 2006 to 2010 Ms Micheletti studied with Gisela Rohmert at the Lichtenberger Institut für angewandte Stimmphysiologie in Darmstadt (Germany) and became certified teacher of the Lichtenberg® Method for Functional Voice Training.

LOCATION

Santuario di Crea (Crea Sanctuary) is situated in the middle of the Sacred Mount of Crea, in Monferrato, Piedmont, 443 metres above sea level and is recognized as a UNESCO World Heritage site.



A cloak of centenary trees covers the Sacred Mount surrounded by waves of vineyards and woods. The splendid natural beauty becomes intense emotion once one reaches the Sanctuary: a breathtaking view over the Padanian Plain and the picturesque Monferrato hills is crowned on clear days by the stately Alps and extends to the Ligurian Appenines.

The first settlement of the Monastery goes back to 1000 aD. The inside of the Sanctuary reveals a mixture of Gothic and Romanesque styles with a mosaic, some frescos and a canvas by Renaissance painter Guglielmo Caccia, called Il Moncalvo.

The Sacred Mount is strewn by twenty-three sacred Chapels hidden by trees. They can be discovered following the suggestive "Sacred Way" that connects them all and leads to the top of the Mount: the Paradise Chapel.

To preserve the cultural value of the Sanctuary and its convent, to conserve and improve the environment, in 1980 the Sacred Mount was designated a natural park 47 acres wide.

Santuario di Crea is half way from Turin to Milan Malpensa International Airport and can be reached by train at the nearby stations of Serralunga di Crea and Vercelli.



COURSE FEE AND ACCOMMODATION

□ FEE

Full participants: € 350

Fee includes:

- ✓ full tuition: four individual lessons, including a master class, a course of five collective lessons on jazz and improvisation and, upon request, lessons with Luisa Prandina and Margherita Bassani (limited availability)
- ✓ intensive music activities – including listening to lessons, a student final performance and at least two recitals by the teachers.

Listeners: € 100 Fee includes everything described above, except tuition

Harps will be kindly provided by Salvi

□ ACCOMMODATION

The Sanctuary's convent offers comfortable recently restored rooms for ten nights at 270 euro (single room), 430 euro (double room) or 540 euro (triple room). Cost includes the possibility of kitchen facilities in the convent's "Casa della Gioia" (House of Joy). Within the Sanctuary complex there is a café and a restaurant; transport will be arranged to the nearby town of Moncalvo, twice weekly, for grocery shopping.



CONTACT AND REGISTRATION

□ INQUIRIES BOOKING:

Contact Laura Sofia Caramellino

e-mail: harpworkshop@gmail.com or laurasofia.caramellino@istruzione.it

address: c/o S.O.M.A. - Via Mazzucotelli, 22 – 20138 Milano – Italy

*Please send by mail or e-mail a detailed curriculum vitae
with complete address, e-mail and phone number by May 20th 2012.*

The Workshop can host no more than 12 full participants:
the teacher can't guarantee acceptance after May 20th 2012.

A special thanks to the "Museo dell'Arpa Victor Salvi" for supplying the beautiful photo of the Jean-Henry Naderman Harp that you can appreciate in the cover slide